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#### **MARCH 2017** Issue 138



### visit**gay**Australia 🚔







Model Citizens – Circus Oz Big Top premiere in Melbourne

#### Being a model citizen in the lucky country audaciously unpacking the myths of modern Australia.

This year Circus Oz Artistic Director, Rob Tannion, along with a new diverse acrobatic ensemble, are fired up to launch the latest touring Circus Oz show, Model Citizens. Model Citizens seamlessly blends the risk and beauty of breathtaking physical improbability with theatricality, choreography and Circus Oz's distinct brand of Australian humour.

Stunningly lit and driven by a sensational live music soundtrack, Model Citizens unfolds within a cleverly designed model-kit world that challenges perspective, scale and concepts of normality.

Following a three-month tour through Victoria. New South Wales and Queensland, Model Citizens will be the annual Melbourne winter highlight as it has its Circus Oz Big Top premiere in Birrarung Marr. supported by the City of Melbourne.

> Web circusoz.com Facebook facebook.com/circusoz Twitter @circusoz Instagram @circusoz



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Cover picture The beautiful and talented Marina Prior with the compliments of The Production Company

Photographic Contributions Alan Mayberry (q drag & q tribute), Tony Virgo (q cabaret), Rob Blackburn (q comment)

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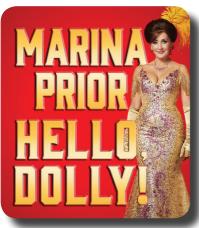
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Brett Hayhoe t/a Q Magazine ABN 21 631 209 230

### q feature: THE PRODUCTION COMPANY



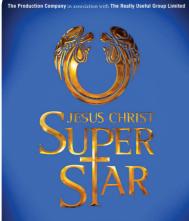
"IT'S SO NICE TO HAVE YOU BACK WHERE YOU BELONG"

One of the most enduring musicals of all time, Hello, Dolly! bursts with humour, romance and high energy dancing. Dolly Levi, the irrepressible matchmaker from Yonkers, New York has an idea for the perfect match – the tight-fisted, local merchant Horace Vandergelder and herself!

Dolly Levi has been played by a bevy of stars from Carol Channing to Bette Midler. Now Marina Prior takes on the title role. Marina's real-life husband Grant Piro, who last starred with Marina in The Production Company's Dirty Rotten Scoundrels, returns to play Horace Vandergelder.

The superb score by Jerry Herman includes the smash hits Hello, Dolly!, Put On Your Sunday Clothes and It Only Takes a Moment. Helpmann Award winning director Gary Young (Georgy Girl, Singin' in the Rain) returns to The Production Company with a superb creative team to recreate this great Broadway classic.

 PLAYHOUSE • Saturday 27 May at 2pm (Preview Series) Saturday 27 May at 7.30pm Sunday 28 May at 3pm Tuesday 30 May at 1pm (New Series) Wednesday 31 May at 1pm and 7.30pm Thursday 1 June at 7.30pm Friday 2 June at 7.30pm Saturday 3 June at 2pm and 7.30pm Sunday 4 June at 3pm Tuesday 6 June at 1pm (New Series) Wednesday 7 June at 1pm and 7.30pm Thursday 8 June at 7.30pm Friday 9 June at 7.30pm Saturday 10 June at 2pm and 7.30pm Sunday 11 June at 3pm



Lyrice by TIM RICE Music by ANDREW LLOYD WEBBER When Tim Rice and Andrew Lloyd Webber's Jesus Christ Superstar exploded onto the stage in 1971, it changed the world of musical theatre forever.

Andrew Lloyd Webber's brilliant score includes Jesus Christ Superstar, Heaven On Their Minds, What's the Buzz?, and Mary Magdalene's Everything's Alright and I Don't Know How to Love Him.

This, the greatest story ever told, is based on the last week of Jesus's life, the plot highlights the political and personal struggles between Jesus and Judas. TPC favourite Gale Edwards is directing this rock masterpiece. She has directed Jesus Christ Superstar on London's West End and on Broadway. And in 2000, Gale won an Emmy Award for the televised recording of her production.

Rob Mills (Ghost, Wicked) joins The Production Company for the first time in the title role of Jesus. Helpmann Award winner Alinta Chidzey (Curtains, Show Boat) is Mary Magdalene and Zoy Frangos (Les Miserables, South Pacific) is making his TPC debut as Judas.

#### **"JESUS** CHRIST SUPERSTAR DO YOU THINK YOU'RE WHAT THEY SAY YOU ARE?"

 STATE THEATRE •
Saturday 29 July at 2pm (Preview Series) Saturday 29 July at 7.30pm Sunday 30 July at 3pm
Tuesday 1 August at 1pm (New Series)
Wednesday 2 August at 1pm and 7.30pm Thusday 3 August at 7.30pm
Friday 4 August at 7.30pm
Saturday 5 August at 2pm and 7.30pm Sunday 6 August at 3pm



Brigadoon is the story of two young American tourists lost in the Highlands of Scotland, who stumble upon a mysterious village called Brigadoon. Tommy (Rohan Browne), one of the tourists, meets and falls in love with Fiona (Genevieve Kingsford), a feisty young woman. But Tommy discovers that magically, Brigadoon only appears for one day every one hundred years.

Lerner and Loewe, who created Gigi, My Fair Lady and Camelot, created some of their best loved standards for Brigadoon – Almost Like Being In Love, I'll Go Home With Bonnie Jean and The Heather on The Hill.

Genevieve Kingsford, making her debut with The Production Company is in the role of Fiona, and Rohan Browne plays Tommy, the role made famous by Gene Kelly. Nancye Hayes stars as Brigadoon's much loved matriarch, Mrs Forsythe. Helpmann Award winner Elise McCann (Miss Honey in Matilda) plays Meg Broke.

Director Jason Langley and Musical Director Michael Tyack, who created Dusty last season, return for Brigadoon.

#### "WHAT A DAY THIS HAS BEEN. WHAT A RARE MOOD I'M IN. WHY IT'S ALMOST LIKE BEING IN LOVE."

 STATE THEATRE •
Saturday 28 October at 2pm (Preview Series) Saturday 28 October at 7.30pm Sunday 29 October at 3pm
Tuesday 31 October at 1pm (New Series)
Wednesday 1 November at 1pm and 7.30pm Thursday 2 November at 7.30pm Friday 3 November at 7.30pm Saturday 4 November at 2pm and 7.30pm Sunday 5 November at 3pm

For more information and bookings, go to http://www.theproductioncompany.com.au

### q travel: with BARRIE MAHONEY

Barrie Mahoney was a head teacher and school inspector in the UK, as well as a reporter in Spain, before moving to the Canary Islands to launch and edit a new English language newspaper. He enjoys life in the sun as a columnist and author, and continues to write a series of popular novels and books for expats.



#### Carnival Time Again

Christmas, New Year and Three Kings Day are all over at last, as is Blue Monday (16 January), which is the most depressing day of the year, according to a happy band of media reporters. It is now time to shake away those winter blues, search out a fabulous costume and get ready for Carnival – Canaries style!

Carnival has been celebrated across the Canary Islands since 1556 just before the Christian period called Lent, forty days before Easter, and often around Shrove Tuesday or Mardi Gras. Lent previously meant that Christians gave up eating meat, so just before this forty-day period the Canary Islanders were determined to take the term 'party' or fiesta to a higher level, which normally involves locals dressing up in fabulous costumes, when often men become women and women become men, just for the fun of it, and of course to have your photo taken.

The dates of Easter change each year and so the date of Carnival across the Canary Islands also changes, so that although the capital cities of each of the Canary Islands have the biggest parades and open air entertainment, many smaller towns also hold their own Carnival parades. These parades have large floats that carry many in amazing costumes who often throw sweets or even offer those watching small cups of Canarian rum. Before the big parades there are also competitions for the best Carnival Queen (ladies), Carnival Dame (older ladies), Carnival Junior Queen (young girls) and of course the best Drag Queen (guess)!

There are also singing competitions called Murgas, when local people on each island sing songs that can often be very rude to those living on other islands. Carnival starts when a large sardine appears, and it ends when the sardine is taken out to sea, where it dies, and many spectators will be seen crying! It is an emotional and passionate event, often reflecting the partying frolics of the previous night!

Expat residents and tourists that visit during this Carnival period should make sure that they join in the party and learn more about local customs and traditions. There are many shops near tourist areas that sell good value Carnival costumes, so there is no reason why foreigners cannot join in the Canary Islanders' celebrations. Most municipalities have colourful posters that advertise the local events of Carnival, but some places tend to think that Carnival only involves local people, and they will already know when and where to go.

The information shown on The Canary Islander website give dates and times for Carnival events in all the Canary Islands, but it is a good idea to check with local Tourist Information Offices too. Take plenty of photos and selfies, because the rich cultural mix of Canary Islanders have strong connections with South America, Cuba and other Caribbean islands, which means that when Carnival comes to the Canary Islands it challenges the Carnival in Rio de Janeiro, and some think it is even better!

One word of warning for those visiting Santa Cruz in La Palma for Carnival! The locals also celebrate White Monday (the day before Shrove Tuesday), when locals only wear white clothes, and then after a certain signal, throw white talcum powder over everyone. Los Indianos celebrates Canary Islanders who were previously transported to Spanish colonies, and returned when they had become successful. So there is a point to White Monday, but the talcum powder goes everywhere, and those with breathing problems should watch from a distance, as the powder storm spreads quickly and is not the healthiest substance to breathe in. Las Palmas in Gran Canaria also celebrates White Monday in the old streets of Triana and Vegueta, with special permission of the islanders of La Palma.

Carnivals in Las Palmas de Gran Canaria and Santa Cruz de Tenerife are often billed as "Second Only to Rio", so if you really would like to take part in a huge, crazy, frivolous spectacle of colour and vitality, make sure you don't miss it! You can find out more information and the dates of the largest events on the islands on The Canary Islander website: http://www.thecanaryislander.com/ carnival.html

If you enjoyed this article, take a look at Barrie's websites: http://barriemahoney.com and http://thecanaryislander.com or read his latest book, 'Footprints in the Sand' (ISBN: 9780995602717). Available in paperback, as well as Kindle editions.

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Matteo, Lifesaver

#### q drag: **REMEMBERING WHAT A DRAG 2017**

'What a Drag!' has become a regular feature of the Chapel off Chapel Midsumma line up for the past 3 years. This year organiser Ricky Beirao (Rhubarb Rouge) never let us down with 3 hours of amazing drag talent.

For the first time (due to an air conditioning malfunction) the shows were held in the main theatre, not the foyer, and were enjoyed by a capacity crowd. Shows were non stop and the talent superb.

One highlight of the night was when Barbra Quicksand called Yvonne Gardner onstage decrying the fact that a gay bar in Adelaide had told Yvonne she was not welcome as she was too over dressed! The Chapel off Chapel crowd gave Yvonne copious applause in appreciation for the work she has done over the



decades founding Positive Attitude (a not-for-profit organisation for people living with HIV/AIDS).

One addition this year was the inclusion of a Celebrity category.

Young Australian of the Year finalist and mental health activist Jason Ball, *Real Housewife of Melbourne's* Gamble Breaux and Luke Wolfe were all transformed into drag superstars by lvyy Monroe, and Jemimah Handful.

The best part of the night was seeing so many up and coming drag queens take the stage with such assurance and amazing ability. With the closing of the GH it is great that they find new venues to showcase their fabulous work.





















### q ballet: SWAN LAKE

In a unique collaboration between the Shanghai Ballet and renowned British choreographer Derek Deane, a grand production of SWAN LAKE with 80 dancers, will open exclusively at Melbourne's Regent Theatre on 20th April 2017 for a week of dazzling performances.

From China's cultural capital, the Shanghai Ballet showcases impeccable skill, with some of the most precise and graceful dancers Australia has ever seen. Audiences will experience the perfection of Deane's impressive interpretation of the Tchaikovsky classic in this incomparable and exquisite production of SWAN LAKE.



Along with 450 stunning costumes and 10 tonnes of scenery, the Shanghai Ballet's 80 dancers, including 48 beautiful swans, will grace the stage of the Regent Theatre in a truly lavish and spectacular production of SWAN LAKE. It is one of the most beloved ballets in the world and tells the classic love story between Prince Siegfried and the Swan Princess Odette divided by the villainous sorcerer Rothbart in a story where true love conquers all.

Derek Deane remarked "The enduring popularity of SWAN LAKE is a testament to the appeal of traditional ballets. People can't get enough of this story and choreographers like myself keep putting their individual stamp on it. The corps of the Shanghai Ballet rivals that of any world famous company, and is reason enough to see this unique production. It is also extremely rare to see a SWAN LAKE of this size."

With over a thirty year dance history, the



Shanghai Ballet holds a predominant position in ballet circles in China and around the world. The company have created and staged many acclaimed and varied ballets including: Jane Eyre (Patrick de BANA), The Butterfly Lovers (XIN Lili), A Sigh of Love (Bertrand d'At), Echoes of Eternity (Patrick de BANA), Hamlet (Derek Deane), The Last Mission of Marco Polo (Jose Martinez), Shanghai Grand Theatre's version The Nutcracker (Derek Deane). The repertoire of the company includes Romeo and Juliet (Derek Deane), Coppelia (Pierre Lacotte), La Sylphide (Jean-Paul Gravier), The Nutcracker (Tetsutaro Shimizu), Giselle, Don Quixote, Balanchine and Beyond, The Ode of Joy - Gala Performance.

SWAN LAKE has captivated the world for centuries, partly because of its technical demands and attendant prestige. In other words, SWAN LAKE is a ballerina's Hamlet. This production will be the first time that SWAN LAKE has been performed in Australia in a theatre with a deluxe swan flock lineup.

Presented by Andrew Guild and Simon Bryce – Theatre Tours International 7:30pm - Thursday 20th April – Saturday 22nd April / 2pm matinee Sunday 23rd April / 6:30pm – Monday 24th April Regent Theatre, 191 Collins St, Melbourne Tickets: \$59 - \$179 + Transaction fees Bookings: 1300 111 011 / Ticketmaster.com.au

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### q theatre: MARCIA HINES & VELVET

#### VELVET RETURNS TO MELBOURNE IN 2017

Back by popular demand, the ARIA nominated and award-winning hit show VELVET, is returning to Melbourne as part of its Australian and New Zealand 2017 tour. The Melbourne season will commence on 8 June 2017 at The Palms at Crown for a strictly limited season.

A sell-out success over the past two years at the 2015 and 2016 Adelaide Fringe Festivals, Edinburgh Fringe, Brisbane Festival, Sydney Opera House and CUB Malthouse Theatre in Melbourne, VELVET is back to dazzle audiences across the country. Tickets for the Melbourne season of VELVET go on sale from 9:00am on Thursday 24 November from ticketmaster.com.au

Director Craig llott has created a hedonistic world, pitting dazzling acrobatics against disco divas as this sexy, spectacular, sparkling and slightly sadomasochistic show channels the original Studio 54 nightclub. The international ensemble of circus, cabaret and music talent return in 2017: dreamy muscle man Stephen Williams, hula boy extraordinaire Craig Reid, acrobatic wunderkind Mirko Köckenberger, sizzling aerialist Emma Goh and musical director and mix master Joe Accaria, alongside the legendary diva Marcia Hines, who is currently a host on Foxtel Smooth. Two new cast members will join Velvet for the 2017 tour: actor/singer Tom Oliver will play the young ingénue who slips behind the red velvet rope at the glamorous nightclub that is VELVET; while Kaylah Attard joins returning cast member Rechelle Mansour as the two sassy sirens.

VELVET shocks, surprises and scintillates at every turn. It's a party, it's electrifying, and its exhilarating disco soundtrack never lets up from the opening moment. Each performance invites the audience into an intoxicating glitterball world where the performers and the audience walk the fine line between the romantic and the audacious. VELVET is a fantastic sensory overload – funky, fresh, fun and sexy.

#### View a taste of VELVET here: www.velvettheshow.com | @VELVETTHESHOW | #VELVETTHESHOW









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### q tribute: **SIMPLY THE BEST**

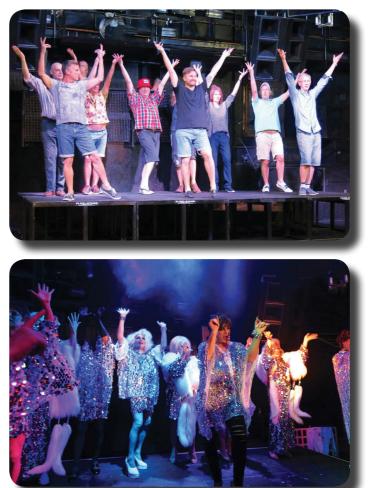
#### Kerrie Le Gore SIMPLY THE BEST Tribute

Sunday 12 February, the day after what would have been Kerrie Le Gore's 62nd birthday, hundreds flocked to Chasers to relive the memories of the 'mother of Melbourne drag'. Alan Mayberry captured some of the magic.

Tabitha Turlington hosted the night changing for each segment, from The Backvard with Le Gore in moccasins and a sequin trackie to the high glam Le Gore doing her Dusty favorites. Tabitha was backed by a huge cast - Miss Candee, Jennifer Anne Wells, Caresse, Rita, Francine Fishbone, Sue Ridge, Cherry Ripe and Barbra Quicksand with David Virgona as DJ. Creative director Kevin Attwood had spent countless hours remastering old VHS tapes from the 80s and 90s. The resulting event should have been made mandatory professional development for all up and coming drag queens. All profits went The Switchboard. Kerrie's partner Paul Sullivan (Pearl) and Richard Martin were the organising committee with me as the devil's advocate.

Who would have guessed that Kevin Minogue who grew up in Reservoir in the 50s, would go on to become the mother of Melbourne drag, known simply as God. Working in a deli by day, by night he was the toast of Melbourne in the 80s and 90s.

In September 1989 *Le Gore's Backyard* sprang onto the Melbourne scene. It was an irreverent mix of drag, video and comedy, standing apart from other entertainment around at the time. Kerrie's format of 2 simple shows starring herself, an established act and a newcomer was an instant hit. The combination of new technologies (*Le* 



Gore's Backyard was the first drag show in Melbourne to use a radio mike!), Kevin 'Alice' Attwood's video skills, a bit of humor and the odd gutter drag brought the show into new areas, boldly going where no drag had gone before! The show's basic success was as a platform for young entertainers to get exposure or for the less fortunate to just expose themselves.

No wonder *Le Gore's Backyard* became a phenomenon in Melbourne over its original 3 year run from 17 September 1989 till 1 November 1992. In 2004, celebrating 15 years since the first show, Kerrie and Kevin decided to bring it back for a new generation. The show ran over the summer of 2004-5. After 1992, Kerrie was full-time at Ken Payne's new 3 Faces venue, with shows like the Lipstix, Fab 3, New Wigs and Drag Squad. The golden age of Commercial Road had begun. And I daresay will never be repeated.

Ken said at Kerrie's funeral: 'So my prince among men, I have no idea what the Universe has in store for any of us – but if you are in the corridor to eternity and end up at St Peter's Gate I know you will be organising another *Le Gore's Backyard*. Please remember to leave a ticket at the gate for me.' And the 100s at Chasers would want a ticket as well.



### q book: **FROM TWINK TO KINK**

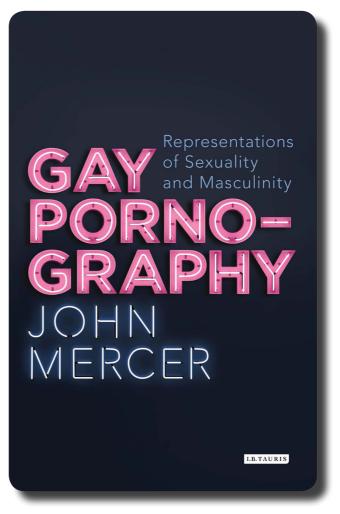
From twink to kink: Academic study into gay porn reveals a multitude of 'saturated' masculinities Gay pornography, online and onscreen, is a controversial and significantly under-researched area of cultural production. In the first book of its kind, 'Gay Pornography: Representations of Sexuality and Masculinity' explores the iconography, themes and ideals that the genre presents.

The new research by Professor John Mercer at Birmingham City University argues that gay pornography cannot be regarded as onedimensional, but that it offers its audience a vision of plural masculinities that are more nuanced and ambiguous than they might initially seem.

Professor Mercer examines how the internet has generated an exponential growth in the sheer volume and variety of this material, and facilitated far greater access to it. He uses both professional and amateur examples to explore how gay pornography has become part of a wider cultural context in which modern masculinities have become 'saturated' by their constantly evolving status and function in popular culture.

The book is the culmination of almost 20 years' research into gay pornography; its timeline reflects the changing social, cultural, political and technological developments during that time – evolving from the aftermath of the first wave of the AIDS pandemic to gay culture being assimilated by the mainstream.

Discussing the themes of the book, John Mercer, Professor of Gender and Sexuality, Birmingham City University, said: "People will talk about 'gay culture' in isolation, but it is based on interaction with, recycling and appropriation of aspects of the wider culture. Masculinities are a multitude and are represented, likewise, in a multitude of ways, and this is vividly evidenced in the types that populate the fantasy worlds of gay porn – from the obvious 'twink' and 'jock', but also 'chavs' and the hypermascline gay male.



"Plus, we must also consider how the rhetoric and iconography of gay porn is informing the ways in which heterosexual men produce their bodies for erotic consumption, which is in itself contributing to the perpetual flux of masculinities men must contend with in modern times.

"My book is as much about contemporary constructions of masculinity as it is a work that is a contribution to the ongoing pornography debate. The intention of my study is to challenge a monolithic interpretation of gay porn and an equally monolithic comprehension of contemporary masculinities."

Published by I.B. Tauris, 'Gay Pornography' will be released on Wednesday 29 March

### q orchestra: AUSTRALIAN WORLD

The Australian World Orchestra (AWO) is thrilled to announce two major performance events for their 2017 season, with internationally renowned conductor Simone Young returning to lead musicians from the AWO and the Australian National Academy of Music (ANAM) in a spectacular one-off performance of Olivier Messiaen's orchestral masterpiece Turangalîla-Symphonie (1946-8) at Hamer Hall, as well as AWO Chamber 8 On Tour, an ensemble of truly exceptional AWO star soloists performing intimate chamber concerts in Sydney, Melbourne, Brisbane and Perth.

Since its inaugural concert series in 2011, the Australian World Orchestra has established itself as one of the most exciting orchestral initiatives in Australia's cultural history, dazzling audiences in Australia and overseas, bringing together the cream of Australia's national and international musicians.

#### Turangalîla- Symphonie

After conducting the first concert of the AWO's inaugural season, acclaimed Australian conductor Simone Young returns on July 29 to lead musicians from the AWO and musicians from ANAM in one unmissable concert, the culmination of a mentoring collaboration between Australia's finest musicians on the international stage and the next generation of exceptional emerging musical talent. The two elite groups come together to collaborate on Messiaen's 10-movement Turangalîla - Symphonie, an epic "love song" that is both a mammoth symphony, demanding the full commitment of over one hundred musicians, and a virtuosic piano concerto, performed by Timothy Young. Considered one of the most important pieces of the century, Turangalîla–Symphonie is scored for a huge orchestra with multiple percussionists, brass, winds, and the electronic ondes Martenot - an instrument familiar to fans of 1950s science fiction soundtracks - performed by Jacob Abela. The 2017 ensemble includes 48 Australian musicians from the world's leading orchestras, including the Berlin and Vienna Philharmonic Orchestras, Chicago and London Symphony Orchestras, Gewandhaus, and the Australian state-based orchestras, together with 51 musicians from ANAM.

Simone Young AM is internationally recognised as one of the leading conductors of her generation. Young was Music Director of Opera Australia from 2001-2003, Chief Conductor of the Bergen Philharmonic Orchestra from 1999-2002, Principal Guest Conductor of the Gulbenkian Orchestra, Lisbon, from 2005–2012, and Music Director of the Hamburg State Opera and the Philharmonic State Orchestra Hamburg from 2005-2015. She regularly conducts at the world's leading opera houses including the Vienna Staatsoper, Berlin Staatsoper, Zürich Opera House, Semper Oper Dresden, Bayerische Staatsoper, Opéra National de Paris, Royal Opera House Covent Garden, Metropolitan Opera New York, Los Angeles Opera and Houston Grand Opera.

#### The AWO Chamber 8

Continuing its commitment to present concerts of soul-stirring musicianship, the AWO is delighted to present the premier performances of the AWO Chamber 8 On Tour – eight of Australia's finest musicians from prestigious international and national orchestras – joining together to perform a breathtaking programme of the Beethoven Horn Septet and Dvorák Double Bass Quintet in a tour of four Australian capital cities including AWO's debut performances in Brisbane and Perth.

AWO Chief Conductor and Artistic Director, Alexander Briger AO said, "We're thrilled to bring together this exceptional ensemble for this concert series, 8 remarkable Australian musicians from different corners of the globe. This is a rare opportunity to experience the sheer brilliance of Australia's musical jewels"

The AWO Chamber 8 On Tour are all exceptional soloists: Paul Dean (Clarinet), Brisbane Senior Lecturer of Clarinet and Head of Woodwind at the Queensland Conservatorium; Lyndon Watts (Bassoon), Melbourne, formerly Munich Philharmonic; Andrew Bain (Horn), LA Philharmonic Orchestra; Dan Dodds (Violin), Festival Strings Lucerne; Natalie Chee (Violin), 1st Concertmaster, Radio Symphony Orchestra, Stuttgart; Tahlia Petrosian (Viola), Gewandhaus Leipzig; David Berlin (Cello), Melbourne Symphony Orchestra; Matthew McDonald (Double Bass), Berlin Philharmonic.

Under the dedicated direction of Alexander Briger AO, the Australian World Orchestra has delivered extraordinary musical experiences over the last six years and performed to over thirty thousand music lovers in Australia, India and Singapore; guest conductors have included Sir Simon Rattle, Alexander Briger, Stanley Dodds, and Maestro Zubin Mehta, and guest performers have included sopranos Cheryl Barker, Greta Bradman and mezzo-soprano Magdalena Kožená. Embracing its educational charter, the AWO has conducted workshops in Sydney, Melbourne, Chennai, Mumbai and New Delhi, and in 2016 commissioned Elena Kats - Chernin's The Witching Hour, a concerto for eight double basses, a first in musical history.

### q win: ONLINE HOME GROCER

The Larder Door is an online grocer home to over 500 small-batch, Australian made artisan food and drink products. Sourced from around Australia, they represent the very best of the Australian food scene. This hamper contains a hand-picked selection of our best-selling products from the site.

Discover the best Australian produce you've never tasted at thelarderdoor.com.au and like their page here: facebook.com/thelarderdoor/

To win this prize, email getfree@qmagazine.com.au with *LARDER DOOR* in the subject line to win this amazing \$300 hamper for your home.



\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 1, 13 Rae Street. Chadstone VIC 3184. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email.



Save a life by adopting from an animal shelter, and always give your animal companions the love and care that they deserve.



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### q grooming: THE MILKMAN WAY

The Ideal Morning Routine for Men with Beards By Ben de Campo Co-founder and MD of Milkman Grooming Co. To all the beardsmen out there, there is an ideal morning routine for you and this is it ....

#### Step 1: Shower

A shower in the morning is the best way to fully transition out of the dream state and into reality.

#### Step 2: Beard wash

Once you're in there you might as well wash something and don't forget your face. Your face is what people are going to see and your body is what people are going to smell so you need to make them look and smell respectable. Washing your beard not only cleanses it and fragrances it, but also assists in the styling and shaping process. After liberally applying a beard wash be sure to use a comb and begin the detangling process. Combing your beard now will assist in lengthening out the hair follicles giving your beard a longer, straighter appearance. Combing also helps exfoliate the skin under your hairs and helps remove loose hairs. While washing daily is ok, you can get away with washing it 2-3 times a week.

#### Step 3: Beard Scaping

Bigger does not necessarily mean better. Cleaning up your cheeks and the neckline is an important step in making your beard appear thicker. If you are going to use a razor to clean up your face then make sure you are using a clear shave gel. An added bonus is that you don't need to rinse your face after you shave it, you can just wipe away excess product with a clean towel. The mornings are already rushed as it is so greater visibility means less time in the bathroom.

#### Step 4: Beard Trimming

The best way to keep your ideal beard shape is with regular trimming. This process may only involve cutting or removing a few hairs at a time, but doing small snips here and there is a lot easier than doing a monthly prune and it is a lot harder to restore shape.

#### Step 5: Nourishing

Using beard oils and balms is essential for optimum beard health. Some guys will only use beard oils or balms when their beard is feeling itchy. If your beard is getting to the itchy stage then your hair is brittle and your skin is dry. Don't treat your beard oils as a solution to a problem but as part of a daily process which will ensure your beard and skin are never irritated and are looking sharp.

#### Step 6: Combing & Brushing

So you are clean, oiled and ready for styling. This step is important as it will give you beard shape, body and hopefully a style that will last all day. Running a comb through your beard is a great way to ensure you haven't got any more tangles left in your beard and also getting your boys back in line post-oil. A boar hair bristle brush will cement this process and make sure that your hair is trained in an ideal direction as well as assisting in exfoliating the skin.

You can win a Beardsman pack from Milkman Grooming Co - perfect to jumpstart your morning routine! Email getfree@gmagazine.com.au with *MILKMAN* in the subject line to win.

Prize comprises Milkman Grooming Co's: Clear Shave Gel RRP \$25.00: King of Woods 2 in1 Shampoo & Conditioner RRP \$24 Beard Comb \$11 Beard Candy Beard Balm \$34.00 King of Woods Beard Oil \$32.00 Total prize; \$126.00

Stockists: https://www.milkmanaustralia.com | Shaver Shop instore and online https://www.shavershop.com. au | Social Media: @milkmanaustralia #freshbetweentheears #milkman #cleanerclosercooler @shavershopau #shavershop









### q scene: OUT & ABOUT

The crowd that for Simply the Best Kerrie le Gore Tribute at Chasers























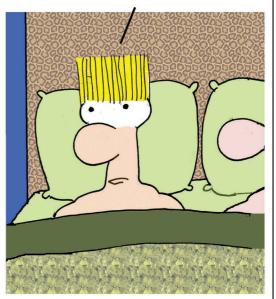


### Gaylord Blade by KICHI

### Gaylord! You made a New Years resolution to be FAITHFUL to me



### Get real, dear!! NO ONE keeps a resolution past St. Patrick's Day ..



#### that's why I ONLY make resolutions, that when broken ...



### offer BENEFITS to help me forget my guilt for breaking them











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# Pride T\

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